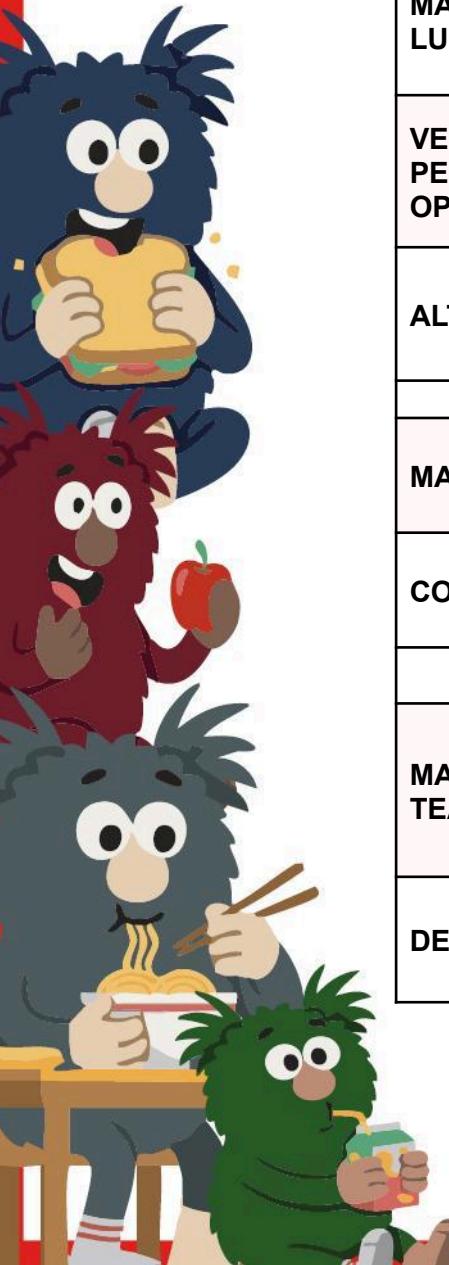


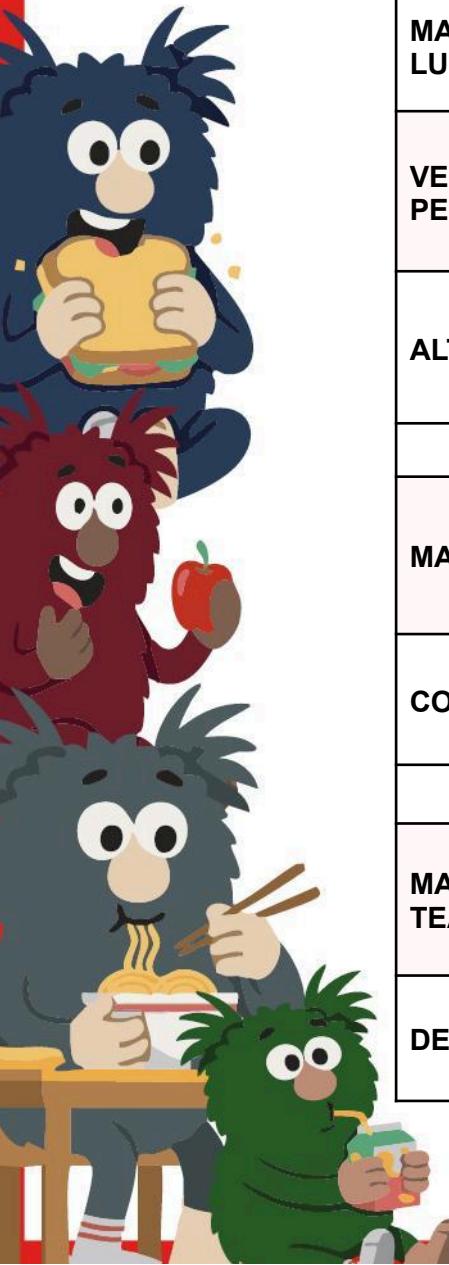
WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch Menu					
MAIN COURSE - LUNCH	*Turkey meatballs & pasta	*Cottage pie & Yorkshire pudding	*Sweet & sour chicken & rice	*Beef lasagne & garlic bread	*Pizza with assorted toppings and salad
VEGETARIAN / PESCATARIAN OPTION	Cheese & vegetarian quesadilla	Vegetarian sausage roll, vegetables, roast potatoes	Creamy salmon tagliatelle	Homemade vegetable soup	Fishcake, potatoes, peas
ALTERNATIVE	Jacket potato, cheese & beans	Ham cheese or tuna bap with salad	Pesto pasta	Tomato & vegetable pasta bake	Jacket potato, cheese & beans
Desserts					
MAIN DESSERT	Natural yoghurt, honey & granola	Marble cake	Warm pancakes, jam & squirty cream	Coconut & vanilla rice pudding	Rocky road cake
COLD DESSERT	Fresh fruit or yogurt	Fresh fruit or yogurt	Fresh fruit or yogurt	Fresh fruit or yogurt	Fresh fruit or yogurt
Tea Time					
MAIN COURSE - TEA	Spanish chicken & rice	Ravioli on toast	Jacket potatoes cheese & beans	Cheese/ham toasties & salad	Sausage casserole & Yorkshire pudding
DESSERT	Flapjack	Fresh fruit or yogurt	Chocolate mousse/fruit	Bakewell slice/fresh fruit	Fresh fruit or yogurt

*Reception, Pre-school and Nursery Lunch



WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE - LUNCH	*Chicken tikka masala & basmati rice	*Beef stew & dumpling & Yorkshire pudding	*Sausage, mash, peas & gravy	*Chicken fajita pasta bake	*Beef or chicken burger & salad
VEGETARIAN / PESCATARIAN OPTION	Quiche, new potatoes & vegetables	Creamy vegetable pasta bake	Fish pie & mixed vegetables	Fish finger subs & salad	Asian style veggie noodles
ALTERNATIVE	Cheese pasta	Jacket potato, cheese & beans	Ham/cheese bap & salad	Pesto pasta	Jacket potato, cheese & beans
MAIN DESSERT	Apple crumble & custard	Lemon drizzle cake	Waffles & ice cream	Cheesecake	Chocolate cake
COLD DESSERT	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt
MAIN COURSE - TEA	Cheese & onion crisp bakes, potatoes & peas	Tomato & vegetable pasta bake	Beef chilli, rice & tortilla chips	Beef meatballs & spaghetti	Tuna pasta bake
DESSERT	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Strawberry mousse	Fresh fruit & yoghurt	Fresh fruit & yoghurt

*Reception, Pre-school and Nursery Lunch



WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch					
MAIN COURSE - LUNCH	*Pasta bolognese & garlic bread	*Spaghetti carbonara	*Roast chicken dinner with all the trimmings	*All day breakfast	*Macaroni cheese & peas
VEGETARIAN / PESCATARIAN	BBQ veggie sausages, new potatoes & peas	Vegetable stir fry	Cheese panini & chips	Fish, chips & peas	Jacket potato cheese & beans
ALTERNATIVE	Jacket potato with cheese & beans or tuna mayo	Cheese/ham bap & salad	Tomato & vegetable pasta	Pesto pasta	BBQ chicken wrap & salad
Desserts					
MAIN DESSERT	Natural yoghurt, honey & granola	Parkin & custard	Jelly & ice cream	Chocolate or strawberry mousse/fresh fruit	School cake
COLD DESSERT	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt
Tea					
MAIN COURSE - TEA	Chicken goujons, waffles & beans	Steak pie, vegetables & Yorkshire puddings	Cheesy bean & potato pie & peas	Soup of the day & assorted sandwiches	Chicken jambalaya
DESSERT	Angel cake slice	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Butterfly buns & fresh fruit	Fresh fruit & yoghurt

*Reception, Pre-school and Nursery Lunch